Associazione Kora Passignano sul Trasimeno 22/04 - 05/05/2024

Reneating FORYOUTH WORKERS



Funded by the European Union





WHAT IS A PDC?

The Permaculture Design Certificate (PDC) course offers a comprehensive 72h (minimum) training experience, being closed with the internationally recognized PDC Certificate for each participant. The intesive programme serves as an in-depth introduction to the ethos of permaculture, as originally envisioned by one of its co-founders, Bill Mollison.

The course credits are increasingly accepted by numerous universities across the globe. Over the years, tens of thousands of individuals have completed this transformative training, forming a vast global network of educators and practitioners. These graduates, equipped with permaculture principles, have become catalysts for change, influencing diverse areas such as corporate practices, fostering innovative business models, and revitalizing communities. Moreover, they play a vital role in transforming degraded landscapes into thriving, food-producing ecosystems.



WHY IS IT IMPORTANT FOR YOUTH WORKERS?

Falling under the Erasmus+ programme, the training course will equip youth workers with essential skills and tools that they can transfer to young people and use to work with young people. Through experiential learning opportunities and hands-on projects, youth workers develop expertise and gain knowledge about sustainable practices, ecological design, and community engagement. They also gain valuable skills in teamwork, problem-solving, leadership, and critical thinking, which they then impart to young people. By instilling environmental awareness, promoting social cohesion, and fostering cross-cultural understanding, youth workers inspire young people to become active participants in shaping sustainable communities and fostering positive environmental change. Permaculture for youth workers must focus on the empowering nature of permaculture, which comes from the power of understanding nature and how to meet our basic needs from it.





COURSE PROGRAMME

Focus on Human Resilience: participants will explore strategies for building resilience in young people, emphasising adaptability, problem-solving skills, and emotional intelligence to navigate challenges effectively.
Four Pillars of Sustainable Living: participants will explore the four pillars – earth care, people care, fair share, and future care – for teaching young people the principles of sustainable living and encouraging them to integrate these concepts into their daily lives.

Foundation for Lifestyle Change: participants will be equipped with the skills and knowledge to guide young people on how to establish a solid foundation for lifestyle change, emphasising the importance of mindset, behaviour change techniques, and setting realistic goals for sustainable living practices.
Practical Measures for Thriving Communities: participants will explore practical measures for building thriving communities, including community gardening projects, eco-friendly initiatives, and collaborative efforts to address local environmental issues.

COURSE PROGRAMME

• Networking Opportunities: the course will provide networking opportunities to connect with like-minded youth workers and educators, share best practices, and collaborate on projects aimed at empowering young people and promoting sustainability. • Peer Reflection on Non-formal Learning: the course will facilitate peer reflection sessions on how to apply permaculture knowledge using non-formal learning methods, encouraging creative approaches to engage young people and foster experiential learning experiences. • Planning Involvement of Young People in Your Organisation: Educators and youth workers can develop strategies for involving young people in organisational decision-making processes, empowering them to take action and contribute to the development of sustainable initiatives within their communities. • Understanding Connections Between EU Policies and Permaculture: The course will allow space to explore the connections between EU policies and permaculture principles, providing insights into how policies can support sustainable development goals and empower young people to advocate for environmental conservation and social justice at the policy level.



Organic Growing

Sustainable Living Practices

Waste Management

Water Conservation



Eco awareness and Education

Self-Sufficiency and Resource Management

Renewable Materials

Sustainable **Business Practices**

> Local Food Systems Knowledge

Permaculture

Natural Resources Management

Sustainable Food Practices

Interdependence and Accountability

Sustainable Building



Natural Building

Communication and **Conflict Resolution**

Community Administration

Renewable Energy

TRAINERS

Andre Jaeger Soares Andre Jaeger Soares is a beacon of inspiration in the world of Permaculture, with an illustrious 28-year journey spanning four continents. As a co-founder of Ecocentro IPEC in Brazil, he has been instrumental in shaping an environmentally conscious haven for education, research, and community development in Latin America. His unwavering commitment to sustainable living transcends borders, evident during his tenure as the Sustainability Director of the esteemed Boom Festival in Portugal. Through innovative eco-initiatives and a steadfast dedication to environmental stewardship, Andre has touched the hearts and minds of audiences from 70 countries. His passion for Permaculture has not only transformed how we interact with our surroundings but has also sparked a global movement towards embracing a more sustainable future. Andre's legacy is one of inspiration and empowerment, driving positive change and paving the way for a greener, more harmonious world.





Lucy Legan Lucy Legan is a co-founder of Ecocentro IPEC in Brazil, a visionary institution promoting ecological awareness and sustainable living. With over 20 years of experience, she has guided people worldwide in permaculture, organic agriculture, and natural building. Lucy's teachings have reached diverse regions, including the USA, Portugal, Australia, Haiti, Ethiopia, Guatemala, Ecuador, El Salvador, and Brazil. Her bestselling book, "Planet Schooling," offers practical ways for families to connect with nature. Lucy's whimsical gardens and love for tea inspire creativity while nurturing the Earth. Her dedication continues to inspire a global movement towards a more sustainable future.

PARTICIPANTS

Youth Workers that :

Have motivation regarding the topic
Have a good level of English to understand everything and can express themselves on the topic
Are committed to using the learning outcomes in their work with young people







San Benedetto del Tronto

Pes

L'Aquila

• Arrival: 22/04/2024 before 8 pm at Passignano sul **Trasimeno Train Station** • Departure: **05/05/2024** until 10 am

The closest airports are: Perugia (PEG), Florence (FLR), Rome Ciampino (CIA), Rome Fiumicino (FCO)

Travelling by train: • For digital Trenitalia tickets, you have to do a check-in before getting on the train to validate your ticket. • Manual tickets (bought at a vending machine or counter) must be stamped in the machine on the platform before getting on the train.



TRAVEL REIMBURSEMENT

Participants will be reimbursed according to the distance from their home town to Passignano sul Trasimeno, following the official distance calculator of the European Commission.

Green Travel: We encourage Green Travel options with a higher travel budget.

It is fundamental that you keep all your original travel documents: bus and train tickets, invoices, boarding passes etc. The reimbursement cannot be done without these documents.

Please let us know your itinerary and preferred travel option, so we can inform you about your travel budget and aprove your trip!

participants will be hosted on The the educational farm Buona Terra, where they will stay in a big house. The rooms will be shared. Please keep in mind that the venue is 30 minutes walk from the first shop. The farm gives great importance to selfresponsibility and respect of nature. Some ground rules will be given during the stay, to respect the place, inside and outside, to respect people living in the surroundings, to respect the animals, to control the environmental impact (water, electricity...) and to create a safe and enjoyable environment for the whole duration of the project.



More information: https://pdc.associazionekora

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